

Saint Nicholas Romanian Orthodox Church Shrewsbury Massachusetts

Biserica Ortodoxă Română Sfântul Nicolae Shrewsbury Massachusetts

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WEEKLY BULLETIN
Sunday March 08, 2026



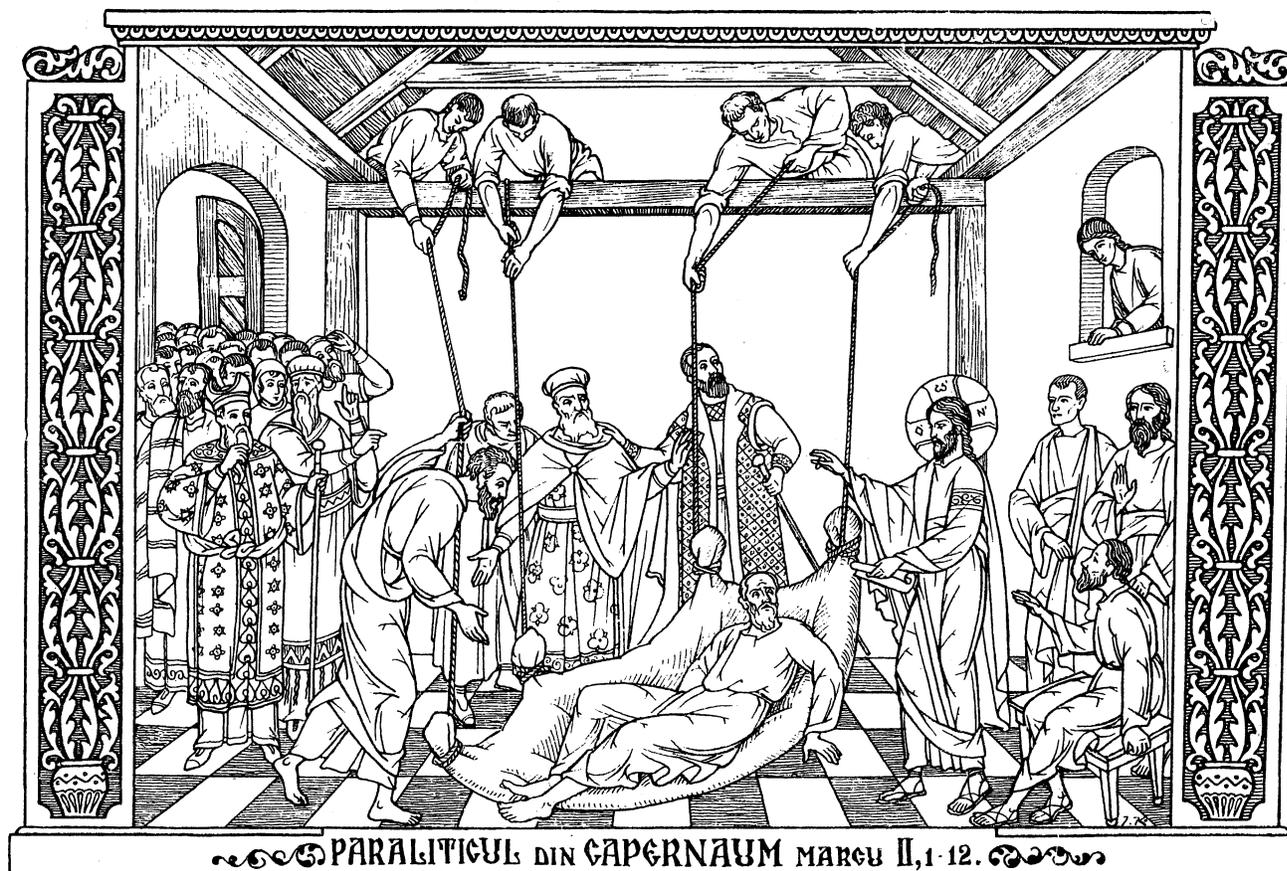
The Second Sunday of Great Lent

Apostolic Reading: Hebrews 1:10-14, 2:1-3

Gospel: Mark 2:1-12

(Jesus Heals the Paralytic in Capernaum - St. Gregory Palamas)

Tone 6 † Resurrection Gospel 6



Weekly Liturgical Services

Sunday: 9:00 a.m. - Matins;

10:00 a.m. - Divine Liturgy;

11:30 a.m. - Coffee Hour.

Saturday: 10:00 a.m. – Memorial Service.

WEEKLY NEWS

SATURDAY, MAR 07 – MEMORIAL SERVICE AT ST. NICHOLAS

THE PRE-SANCTIFIED LITURGY - Next Wednesday, March 11th the Pre-Sanctified Liturgy will be held at St. Mary's Albanian church. The Liturgy will start at 6:00 pm.

HOLY UNCTION – Tuesday, March 13, 2026 we will have the Sacrament of the Holy Unction in our church. It will start at 6:00 p.m. This Holy Unction Sacrament is meant to heal the sick, forgive the sins and brings many spiritual blessings to the ones that attend it.

COFFEE HOUR SPONSORS NEEDED for the coming weeks. Please speak with Betty Anderson or Cristina Iusco if you would like to sponsor one.

IMPORTANT LINKS/VIDEOS

[Why Young Americans Are Becoming Orthodox Christian — The 100,000 Convert Boom Explained](#)

Weekly Reflection



"Hard, hard! Yes, it's hard for you, but otherwise what would you have to endure? And without patience there is no salvation. Here is the Lord, who arranges your salvation, and gives you opportunities to show patience and advance on the path of salvation. A piece of advice for you: when it's hard for you, you must turn to God both with speech and with feeling, saying: "Glory to you, Lord!"

Saint Theophan the Letter 1815 - 1891

A Prayer of Fr. Laurence

LET US PRAY TO THE LORD! O Lord and master of our lives: Educate us, your ignorant servants, during these lenten days, by letting your wisdom enlighten our minds and hearts. Make us alert, lest the deceits of this world seduce us. Teach us how to distinguish between substance and appearance, how to discern what is of the Holy Spirit and what is not. Do not leave us to fight the enemy of our life by ourselves, for he is constantly striving to silence the word of life within us. Rather, be with us today, and every day, through your loving mercy. For you are good and full of love for us, O God, and we give you glory, Father, Son, and Holy Spirit: now and forever, and unto ages of ages. Amen!



The Reading from the Holy Gospel according to MARK 2:1-12

“At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Orthodox FOOD CENTER

A collaboration of the Worcester area Orthodox churches; its mission is to distribute food to low income and homeless individuals residing in the Worcester area.

OPEN SATURDAYS 10AM-12PM
ST. SPYRIDON GREEK ORTHODOX CATHEDRAL



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we will have an Orthodox Christian Elementary
school in Worcester, Massachusetts.

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2026 PRE-SANCTIFIED LITURGIES

6:00 pm on the Wednesdays of Lent

February 25
St. Spyridon Cathedral

March 18
St. Nicholas Church

March 4
St. George Cathedral

March 25
No Pre-Sanctified Liturgy
(Feast of Annunciation)

March 11
St. Mary's Church

April 1
St. George Cathedral



LENTEN WEDNESDAY LITURGY and SUPPER
Please bring a Lenten dish to serve to our guests
in attendance from other Orthodox churches

Council of Eastern Orthodox Churches of
Central Massachusetts

LENTEN ESCAPE ROOM



Join us at 2PM on March 21st at Sts.
Anargyroi Greek Orthodox Church
Grades 7-12 are welcome!



Join our new parent
WhatsApp!



Register
Here!

St. Gregory Palamas

This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.

HOLY TRINITY WEEKLY NEWS

March 8th, 2026

“The most important thing is to enjoy your life to be happy it’s all that matters.” Audrey Hepburn

Take a sneak peek of the fun going on at Holy Trinity This week!

Our skilled nursing residents had a *crackin'* good time celebrating National Pistachio Day! From tasty treats to lots of laughter, it was a day full of smiles and a little extra crunch.



Our residents enjoyed a relaxing and creative activity this week! From bright florals to beautiful patterns, everyone added their own special touch. It was a wonderful time to unwind, share laughs, and let creativity shine. We love seeing colorful masterpieces come to life! ♥



Residents had a great time during our Big Ball Exercise activity! They worked together to roll, lift, and pass it around, promoting gentle movement, teamwork, and plenty of laughter. It was a fun way to stay active and connected. ♥



STAY CONNECTED: Like our Facebook. 

CHURCH BUILDING & GROUNDS

Our church needs to:

- Purchase and install efficient light bulbs for inside and outside (parkinglot), the church
- Repair and install new carpet/tiles in the Holy Altar
- We are currently working with Mass Save Energy Experts to make our entire building more energy efficient
- All donation and support is welcomed and really appreciated!

Thank you!